



INSIDE THIS ISSUE

Key Leaders & Community Orientation	1-2
Coalition Program Highlights	2-3
Photo Gallery	3
About Our Organization	4

NEXT MEETING

Wednesday, September 11

Agenda
TBD

Strategic Plan

The Strategic and Action Plan update for 2019-2020 has been approved. Key points of the Action Plan include:

- **Public Awareness Campaign** – incorporating multi-media coordinated with county-wide campaigns and continued small group presentations.
- **Public Policy** – focused on marijuana-related issues locally, county and state-wide. Specific issue – Smoking Policy at New Start High School.
- **Coalition Specific** – Community engagement and coalition development. Increase cultural awareness and racial equity.
- **Community Events and Prosocial Activities** – collaborate with local groups and organizations to integrate prevention/information into community programs and events.
- **Prosocial Activities for Youth** – Prevention Team activities, provide other supportive activities such as new student orientation and peer mentoring. Coordinate and support youth focused programs and activities sponsored by Parks Dept., White Center and Burien Libraries.
- **SBIRT King County Best Start for Kids** – Initiate self-screening tool with students at Cascade MS (6th & 7th graders) to help them identify their strengths to cope with stress and achieve their goals.
- **Guiding Good Choices** – parenting skills program presented to English-speaking and Spanish-speaking parents of elementary and middle school students.



National Prevention Network Conference

Coalition Coordinator Rudy Garza was joined by Coalition member Scott Davis, White Center Kiwanis, at the 2019 National Prevention Network (NPN) Conference in Chicago, Ill, Aug. 27-29.

The three-day conference offered a series of Power Sessions related to prevention as well as prominent speakers for Plenary Sessions, including U.S. Senator Dick Durbin, and Johnnetta Davis-Joyce, Director for the Center for Substance Abuse Prevention (CSAP). Phillip Graham, Senior Director, Center on Social Determinants, Risk Behavior, and Prevention Sciences, presented a strong argument for “Making the Case for Prevention’s Seat at the Table”.

MISSION STATEMENT

The Coalition for Drug-Free Youth educates, inspires and empowers our community to support youth and create a safe, healthy environment aimed at addressing alcohol, tobacco, and other drug problems.



National Prevention Network Logo



Liliana Caracoza Lopez

National Prevention Network Conference CONTINUED

Power Sessions of particular interest included “High in Plain Sight: New, Current and Various Drug Trends, Concealment and Vapes” a Tall Cop presentation. A Girls Inc. youth-led session titled “Taco About It: Combining Information on Vaping Trends and Social Justice, While Building Tacos and a Safe Space for Teens to Understand the Risks of Vaping” was an interactive workshop that provided an overview of the emerging vaping trends among teens, specifically teens of color, as well as the role of Big Tobacco companies.

Other workshops of note attended by Davis and Garza included “Improving a National Prevention Workforce for Hispanics through Training and Technical Assistance”; “A Blueprint for Cannabis Regulation: Lessons Learned from Alcohol”; “Fentanyl 101: What Prevention Professionals Need to Know”, a compelling presentation by a DEA Special Agent; “Prevention of Opioids and Prescription Drug Misuse Among the Latino Community”; “Familias Unidas: An Evidence-Based Preventive Intervention for Hispanic Families, Empowering Communities to Reduce Substance Use in the U.S.”.

On the heel of news of the nation’s first vaping-related death, the conference closing Plenary Session “Innovative Prevention Strategies and Policies to Reduce Youth Use of Electronic Delivery Devices” was both timely and informative.

Liliana Caracoza Lopez -- New PSESD Student Assistance Professional

Puget Sound Educational Service District (PSESD) and the Coalition welcomes Liliana Caracoza Lopez, the new Student Assistance Professional serving students at Cascade Middle School and Evergreen High School.

Liliana will work closely with school staff to provide intervention and prevention services as well as continue the tradition of coordinating activities for the Cascade Prevention Team.

Liliana comes to the PSESD and the Coalition from Consejojo in Tacoma. She has a degree in Criminal Justice with a focus on Social Justice from the University of Washington-Tacoma with certifications in Chemical Dependency Professional Trainee.

She participated in meetings and helped with events with the Healthy Youth Coalition of Tacoma and at Fife HS conducted health classes focused on substance use and development, in addition to seeing students one-on-one.

Coalition Community Events

White Center Food Bank 2019 Auction

The White Center Food Bank, a Coalition member since 2012, held its 15th Annual Harvest Dinner and Auction, September 14th, 2019 at the Brockey Center at South Seattle College.

One of the evening's highlights included a video of and presentation by recent New Start HS graduate Juanita Martinez. Juanita is a shining example of how the Coalition and its partners collaborate to enrich the lives of students we serve.

A self-described shy individual, Juanita now volunteers at the Food Bank. With a classmate at New Start, she created the school's first-ever Student Council and served as its initial president. She also served as president of the Kiwanis Key Club and completed the Coalition's PAL (Peer Assistance Leadership) mentoring program.



Kiwanis Key Club Coordinator Scott Davis and former Key Club president Juanita Martinez



Prevention News

2019 Prevention Summit

Coalition coordinator Rudy Garza will be attending the 2019 Washington State Prevention Summit, Nov. 5-6, in Yakima, WA. The theme of this year's Summit is "Imagine Innovate Inspire".

The goal of the Prevention Summit is to provide an enriching and culturally competent training and networking opportunity for youth, volunteers and professionals working toward the prevention of substance abuse, violence and other destructive behaviors as well as integrating such prevention efforts with primary health care.

The prevention community in Washington State has been convening annually since the 1980s. The initial conferences were held in Ellensburg, Washington, on the campus of Central Washington University. The conferences were known as "family focus" meetings, and soon after became known as the annual "Building a Vision" conference. After a few name changes in the late 1990s, the annual conference was renamed in 1999 as the Washington State Prevention Summit.



King County

Department of
Community and Human Services

FUNDED BY

Washington State
Health Care Authority



CONTACT

Rudy Garza

Coalition Coordinator
Learning, Teaching and
Family Support

rgarza@psed.org

P: 425-917-7763

C: 206-595-2998

About Our Organization

The Coalition for Drug-Free Youth was created in 2012 as a Community Prevention and Wellness Initiative (CPWI) organization dedicated to preventing alcohol and other drug abuse among middle and high school students in unincorporated White Center and the North Highline areas of King County, specifically, Cascade Middle School and the three schools that comprise the Evergreen Campus.

Through a series of programs and projects implemented in collaboration with Coalition partners on campus and the community, we seek to provide youth with positive alternatives to alcohol, tobacco and drug use.

These include parent nights and open houses at middle and high schools, health fairs on campus and in the community, support and sponsorship of Prevention Teams and activities on campus, community-wide media campaigns, and community meetings and surveys.

School programs at Cascade Middle School and Evergreen Campus are facilitated by a Student Assistance Professional employed by Puget Sound Educational Service District (PSED).



**Coalition for
Drug-Free Youth**
White Center/North Highline
“Educating, Inspiring, Empowering”

A Partner of Puget Sound Educational Service District
800 Oakesdale Ave SW | Renton, WA 98057
800-664-4549 | TTY: 425-917-7833

www.psed.org